

FUN & FITNESS HIKING SERIES

FREE!

**6 week program starting January 7 at 9:00 a.m.
ALL LEVELS OF FITNESS WELCOME**

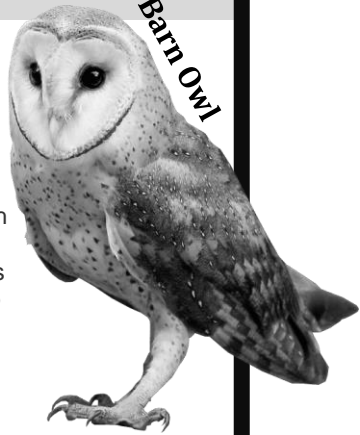
Hiking is one of the best things you can do for your health. Come out and join us. What better way to meet new friends, de-stress, connect with nature, and get in shape? The fun begins at the south end of the parking lot. Distance and fitness level will gradually increase over six Monday mornings.



OWL PROWL

**\$3 per person
Saturday, February 16
5:00 p.m. – 8:00 p.m.**

Whooo loves to stay out all night and eat mice? Owls, that's whooo! Join Blue Sky staff and docents as we head out in search of our native owls. Learn about these wonderful stealth predators before beginning our journey into the woods! Our adventure will begin at 5:00 p.m. in the Blue Sky amphitheater. Register at www.poway.org/classes. Limited to 40 participants.



JUNIOR NATURE RANGER



FREE!

**Saturday, February 16
9:00 a.m. – 11:00 a.m.**

A wonderful opportunity for kids 6-10 years old to connect with nature.

Docents will lead children through a series of activities allowing them to experience nature first-hand, while having fun in the outdoors. A Nature Ranger Certificate will be issued upon completion of activities. This program is limited to 15 children. To sign up, or for more information, call the Blue Sky office at (858) 668-4781.



DIRECTIONS:
FROM I-15 TAKE RANCHO BERNARDO ROAD EXIT, HEAD EAST ON RANCHO BERNARDO ROAD/ESPOLA ROAD FOR APPROXIMATELY THREE MILES. BLUE SKY RESERVE IS ON ESPOLA ROAD, APPROXIMATELY ¼ MILE SOUTH OF THE OLD COACH ROAD/BRIDLEWOOD ROAD TRAFFIC LIGHT INTERSECTION.

Blue Sky Ecological Reserve is a 700-acre, oak-lined canyon flanked by coastal sage scrub and chaparral-covered hills. The Reserve is home to a wide variety of flora and fauna. Brilliant colors of wildflowers on the hillsides in Spring, a gentle breeze, and the songs of birds provide an inviting escape for a nature walk. The trails are open to the public, free of charge, during daylight hours. The Reserve is managed by the City of Poway, the California Department of Fish and Wildlife, and the County of San Diego Department of Parks and Recreation with support from the non-profit Friends of Blue Sky Canyon.

Blue Sky Ecological Reserve

January - March 2019 Activities



COMMUNITY SERVICES
DEPARTMENT



Spotted Skunk

P.O. Box 789
Poway, CA 92074

Tel: (858) 668-4781

Email:
blueskyreserve@poway.org
Website:
www.poway.org/bluesky

**ALL GUIDED HIKES ARE FREE AND
RESERVATIONS ARE NOT REQUIRED.**

JANUARY

FEBRUARY

MARCH

Meet at the bus shelter in the Blue Sky parking lot for all hikes. Bring your own water, as there is no drinking water in Blue Sky.

Dogs Unite at Blue Sky

Sunday, January 6 – 8:00 a.m.

Attention all dogs! Bring your human and join docent Anna Gateley-Stanton for a walk in Blue Sky. Don't forget your leash, treats, and plenty of water!

Blue Sky's Flora and Fauna

Saturday, January 12 – 9:00 a.m.

Explore the animals and plants of Blue Sky's habitats on a fun hike with docent Ale Franklin.

Lake Ramona

Saturday, January 19 – 9:00 a.m.

Join docent Eric Brewer on a hike through the Reserve to Ramona dam and take in the beautiful panoramic views of Blue Sky.

Full Moon Hike

Before the Eclipse

Sunday, January 20 – 5:00 p.m.

Get energized for a total lunar eclipse! Join docent Celeste Larson at sunset for a hike up to Ramona Dam under the light of the full moon. By the time we return, the lunar eclipse should be underway to its blood moon conclusion. About 5 miles round trip, 2.5 hours. Bring a light and water.

Blue Sky's Flora and Fauna

Saturday, February 2 – 9:00 a.m.

Explore the animals and plants of Blue Sky's habitats on a fun hike with docent Ale Franklin.

Canines in Blue Sky

Sunday, February 3 – 8:00 a.m.

Bring your furry friend and join docents Anna Gateley-Stanton and Ann Martin for a morning dog walk in Blue Sky. Don't forget the leash, treats, and plenty of water for you and your furry friend.

Volunteer Opportunities Information Booth

Saturday, February 23
9:00 a.m. – 11:00 a.m.
Park Ranger will set up in the Reserve



Blue Sky's Flora and Fauna

Saturday, March 2 – 9:00 a.m.

Explore the animals and plants of Blue Sky's habitats on a fun hike with docent Ale Franklin.

Dogs Unite at Blue Sky

Sunday, March 3 – 8:00 a.m.

Attention all dogs! Bring your human and join docents Anna Gateley-Stanton and Ann Martin for a walk in Blue Sky. Don't forget your leash, treats, and plenty of water!

Plants and Habitats

Saturday, March 16 – 9:00 a.m.

Join docent Eric Brewer on a plants and habitats tour of our beautiful canyon.

World Water Day Hike

Friday, March 22 – 8:00 a.m.

Observe this global event with a hike about our local water reservoirs. Docent Celeste Larson will lead the trek to the back of Poway Dam then up to Ramona Dam. 6+ miles round trip, 3 hours.