

TWIN LAKES HIKING SERIES

BEGINNERS Wednesday, January 10 at 9:00 a.m.
NON-BEGINNERS Monday, January 8 at 9:00 a.m.
FREE

What better way to meet new friends, de-stress, connect with nature, boost your energy, and get into shape? Meet at the south end of the Blue Sky parking lot. Distance will gradually increase each week. Wear comfortable shoes and bring water.

Beginners: 8 Wednesday morning hikes culminating in hike around Lake Poway.

Non-beginners: 6 Monday morning hikes culminating in hike to Lake Ramona.



JUNIOR NATURE RANGER

Saturday, February 17
9:00 am – 11:00 am

A wonderful opportunity for kids 6-10 years old to connect with nature.

Docents will lead children through a series of activities allowing them to experience nature first-hand, while having fun in the outdoors. A Nature Ranger Certificate will be issued upon completion of activities. This program is limited to 15 children. To sign up, or for more information, call the Blue Sky office at (858) 668-4781. **FREE**

SOLAR WALK/STARGAZING

☆ **Saturday, March 10 - \$5 per person**

Join us on a journey into outer space and view of our nighttime skies! We will travel through the solar system as we hike 1.5 miles into the Reserve to meet up with Curiosity Peak Observatory Astronomers. Their powerful telescopes will be focused on a distant constellation or planet so that you can experience it up-close.

This program is suitable for all ages, and everyone should dress warmly. Space is limited. Staggered start times between 4:30 p.m. and 5:15 p.m.

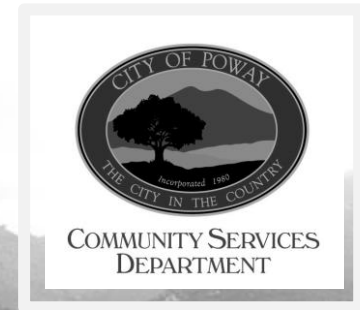
Register online at: www.poway.org/classes

DIRECTIONS:
FROM I-15 TAKE RANCHO BERNARDO ROAD EXIT, HEAD EAST ON RANCHO BERNARDO ROAD/ESPOLA ROAD FOR APPROXIMATELY THREE MILES. BLUE SKY RESERVE IS ON ESPOLA ROAD, APPROXIMATELY ¼ MILE SOUTH OF THE OLD COACH ROAD/BRIDLEWOOD ROAD TRAFFIC LIGHT INTERSECTION.

Blue Sky Ecological Reserve is a 700-acre, oak-lined canyon flanked by coastal sage scrub and chaparral-covered hills. The Reserve is home to a wide variety of flora and fauna. Brilliant colors of wildflowers on the hillsides in Spring, a gentle breeze, and the songs of birds provide an inviting escape for a nature walk. The trails are open to the public, free of charge, during daylight hours. The Reserve is managed by the City of Poway, the California Department of Fish and Wildlife, and the County of San Diego Department of Parks and Recreation with support from the non-profit Friends of Blue Sky Canyon.

Blue Sky Ecological Reserve

January - March 2018 Activities



P.O. Box 789
Poway, CA 92074

Tel: (858) 668-4781

Email:
blueskyreserve@poway.org
Website:

www.poway.org/bluesky

FOR ALL GUIDED HIKES, MEET AT THE BUS SHELTER IN THE PARKING LOT. WALKS ARE FREE AND RESERVATIONS ARE NOT REQUIRED.

JANUARY

FEBRUARY

MARCH

Meet at the bus shelter in the Blue Sky parking lot for all hikes. Bring your own water, as there is no drinking water in Blue Sky.

Dogs Unite at Blue Sky

Sunday, January 7 – 8:00 a.m.

Attention all dogs! Bring your human and join docents Anna Gateley-Stanton and Ann Martin for a walk in Blue Sky. Don't forget your leash, treats, and plenty of water!

Blue Sky's Flora and Fauna

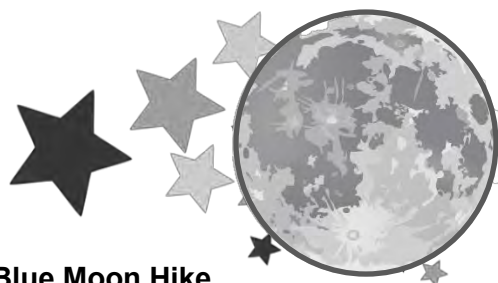
Saturday, January 13 – 9:00 a.m.

Explore the animals and plants of Blue Sky's habitats on a fun hike with docent Ale Franklin.

Edible and Medicinal Plants

Saturday, January 20 – 9:00 a.m.

Explore the plants of Blue Sky with docent Kathy Reading, who has knowledge to share on the uses of a variety of vegetation!



Blue Moon Hike

Wednesday, January 31 – 5:00 p.m.

Check out the Blue Moon over Blue Sky! Join docent Celeste Larson on an evening hike up to Ramona Dam to see the second full moonrise of the month. Bring illumination; we'll be descending in moon shadow. The 5+ mile round trip hike with an 860 ft. elevation gain should take us about 2.5 to 3 hours. Moderately strenuous. Bring water and hiking poles for steep incline.



Canines in Blue Sky

Sunday, February 4 – 8:00 a.m.

Bring your furry friend and join docents Anna Gateley-Stanton and Ann Martin for a morning dog walk in Blue Sky. Don't forget the leash, treats, and plenty of water for you and your furry friend.

Plants of Blue Sky

Saturday, February 10 – 9:00 a.m.

Have you been intrigued by the nature of wild plants? Explore Blue Sky's flora on a fun hike with docent Ale Franklin.

Edible and Medicinal Plants

Saturday, February 24 – 9:00 a.m.

Explore the plants of Blue Sky with docent Kathy Reading, who has knowledge to share on the uses of a variety of vegetation!

Moonrise/Sunset Hike

Wednesday, February 28 – 3:45 p.m.

Enjoy an almost-full moonrise and the sun setting on a late afternoon hike to Ramona Dam with docent Celeste Larson. Plan on a even pace to complete the 5+ mile round trip with 860 ft. elevation gain before darkness. Moderately strenuous. Bring water and hiking poles for steep incline.

Blue Sky's Flora and Fauna

Saturday, March 3 – 9:00 a.m.

Explore the animals and plants of Blue Sky's habitats on a fun hike with docent Ale Franklin.

Dogs Unite at Blue Sky

Sunday, March 4 – 8:00 a.m.

Attention all dogs! Bring your human and join docents Anna Gateley-Stanton and Ann Martin for a walk in Blue Sky. Don't forget your leash, treats, and plenty of water!

Plants and Habitats

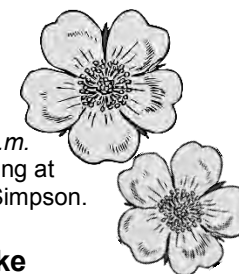
Saturday, March 10 – 9:00 a.m.

Join docent Eric Brewer on a plants and habitats tour of our beautiful canyon.

Spring at Blue Sky

Saturday, March 17 – 9:00 a.m.

Time to see the return of spring at Blue Sky with docent Carol Simpson.



Spring Around the Lake

Wednesday, March 21 – 8:00 a.m.

Observe the seasonal changes in our habitat and enjoy some lovely vantage points on an interpretive hike from Blue Sky around Poway Lake. Join docent Celeste Larson for this mid-week 5.5-mile loop. Moderately strenuous. Bring water and hiking poles for steep incline.

Edible and Medicinal Plants

Saturday, March 24 – 9:00 a.m.

Explore the plants of Blue Sky with docent Kathy Reading, who has knowledge to share on the uses of a variety of vegetation!